

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Age	Sex
1	00:54:30	11	Bloomfield	Crispian	Billericay Striders		32	M
2	00:56:05	18	Chandler	Gary	Springfield Striders		39	M
3	00:57:26	384	Muir	Malcolm	Iford Athletic Club		34	M
4	00:58:00	214	Butler	David	Billericay Striders	V50	55	M
5	00:58:29	352	Green	John	Thurrock Harriers	V40	43	M
6	00:58:46	101	Burgoyne	Chris	Springfield Striders		27	M
7	00:59:23	204	Wilkinson	Keith	Chelmsford A.C.	V50	54	M
8	00:59:32	383	Watts	Robert	Dulwich Road Runners A.C.		32	M
9	00:59:44	370	Eden	Mark	Grange Farm & Dunmow	V40	44	M
10	00:59:46	146	Desborough	Steve	Benfleet Running Club	V40	42	M
11	00:59:49	335	Meachen	Jason	Harwich Runners		37	M
12	01:01:54	33	Kenyon-Muir	Nick	Ware Joggers		39	M
13	01:02:01	399	Ranson	Tracey	Springfield Striders		27	F
14	01:02:28	250	Rothwell	Colin	Benfleet Running Club	V50	54	M
15	01:03:26	358	Macmillen	Alexander	Colchester Harriers A.C.	V40	43	M
16	01:03:26	217	Laughton	Nicholas	Grange Farm & Dunmow		38	M
17	01:03:44	412	Grealis	Kevin		V40	43	M
18	01:03:50	385	Coleman	Andy	Billericay Striders	V40	41	M
19	01:03:56	153	Clark	Alan	Billericay Striders	V40	42	M
20	01:03:57	331	Adkins	Peter			34	M
21	01:03:59	74	Ridgeon	Jason		V40	40	M
22	01:04:03	325	McDowell	Greg	Tiptree Road Runners		32	M
23	01:04:12	241	Partridge	Ross	Ware Joggers		20	M
24	01:04:17	329	Thomas	Clive	Great Bentley Running Club	V40	46	M
25	01:04:21	28	McClelland	Paul	Harwich Runners	V40	42	M
26	01:04:23	394	Hutchin	Anthony		V40	44	M
27	01:04:35	162	Sheppard	Darren	Fell Runners Association		37	M
28	01:04:48	387	Putt	Stuart	Blackwater Tri		36	M
29	01:05:28	322	Thompson	Gary	Ipswich Jaffa		34	M
30	01:05:49	342	Jacob	Kevin	Billericay Striders	V40	45	M
31	01:05:54	123	Deasy	Paul			35	M
32	01:06:04	201	Moody	Colin	Harlow Running Club	V50	58	M
33	01:06:06	279	Macrosson	Ker	Stowmarket Striders	V50	53	M
34	01:06:06	116	Bonham	Richard	Castle Point Joggers	V40	40	M
35	01:06:12	284	Hyde	Tony	Pitsea Running Club	V40	43	M
36	01:06:20	280	Harper	Kevin	Witham Running Club		36	M
37	01:06:22	199	Dixon	Clem	Cambridge Harriers	V40	47	M
38	01:06:23	330	Adkins	Daniel		V40	46	M
39	01:06:31	196	Belsom	Robin	Ipswich Jaffa	V40	48	M
40	01:06:32	187	Belsom	Natasha	Ipswich Jaffa		22	F
41	01:06:56	411	Potterton	Graeme			20	M
42	01:07:15	294	Wood	David	Little Baddow Ridge Runners	V40	41	M
43	01:07:29	353	Honeywood	Phillip		V40	41	M
44	01:07:30	130	Beazeley	Chris	Springfield Striders	V40	41	M
45	01:07:42	40	Pammenter	Ian	Haverhill Running Club	V40	41	M
46	01:07:50	177	Humphrey	Richard	Grange Farm & Dunmow	V40	40	M
47	01:07:53	50	Stuckey	Alex	Witham Running Club		34	M
48	01:07:58	166	Milligan	Iain	St Edmunds Pacers		36	M
49	01:08:09	22	Needham	Paul	Ely Runners	V50	51	M
50	01:08:10	127	Hull	Tina	Grange Farm & Dunmow	V45	47	F
51	01:08:19	163	Mancer	Lucy	Benfleet Running Club		33	F
52	01:08:19	364	Hartshorne	Damien	Braintree A.C.		28	M
53	01:08:23	20	Higgs	Lyn	Colchester Harriers A.C.	V45	48	F
54	01:08:27	202	Pryke	Jason			32	M
55	01:08:36	255	Prail	Jason	Springfield Striders		33	M
56	01:08:44	161	Thomas	Grahame	Harlow Running Club	V40	46	M
57	01:08:45	285	Wilson	Michael	East London Runners	V40	48	M
58	01:08:47	298	Pearce	Chris	Springfield Striders		38	M
59	01:08:51	173	Threader	Mark			39	M
60	01:08:57	120	Tye	Chris		V40	41	M
61	01:08:57	25	Smith	David	Witham Running Club	V50	51	M
62	01:09:04	314	Purdy	Karl	Hadleigh Hares		29	M
63	01:09:27	404	Miles	Lloyd		V40	40	M
64	01:09:35	38	Ennis	Keith	Iford Athletic Club	V40	44	M

65	01:09:45	334 McCorquodale	Becky	Harwich Runners	V35	35 F
66	01:09:52	186 Newman	Richard	Harwich Runners	V40	42 M
67	01:10:16	288 Nordin	Breege	Ilford Athletic Club	V45	52 F
68	01:10:26	194 Salisbury	Andrew	Herts Phoenix	V50	52 M
69	01:10:30	97 Joslin	Gary	Springfield Striders	V40	42 M
70	01:10:33	108 Allen	Peter	Bishop Stortford Running Club	V50	52 M
71	01:10:34	409 Jarvis	Phil	Triathlon Essex	V40	44 M
72	01:10:36	138 Summers	David	Thrift Green Trotters	V50	56 M
73	01:10:39	143 Hull	Catherine	Springfield Striders		32 F
74	01:10:43	374 Grealy	Mike	Halstead Road Runners	V50	53 M
75	01:11:08	362 Cockrell	Jon	Castle ABC	V40	43 M
76	01:11:17	122 Downing	Steve	Grange Farm & Dunmow		36 M
77	01:11:26	61 Watson	Richard	Bedford Harriers	V40	41 M
78	01:11:32	242 Partridge	Roger	Ware Joggers	V40	48 M
79	01:11:43	277 Pyle	Nicola	Colchester & Tendring	V35	42 F
80	01:11:53	405 Roberts	Gavin			38 M
81	01:11:55	332 Peacey	Rob	Benfleet Running Club	V50	53 M
82	01:12:07	205 Harknett	Steve	Benfleet Running Club		36 M
83	01:12:11	107 Statter	Graham	Bishop Stortford Running Club	V50	50 M
84	01:12:13	129 Kerr	Clare	Ware Joggers	V35	44 F
85	01:12:23	414 Jardine	Howard	Grange Farm & Dunmow	V50	56 M
86	01:12:25	376 Herne	Andrew	Cambridge & Collieridge	V40	49 M
87	01:12:37	415 Mclaughlin	Ian	Witham Running Club		37 M
88	01:12:42	249 Cudmore	James			29 M
89	01:12:51	281 Bartram	Ian	Castle Point Joggers	V40	47 M
90	01:12:54	390 Eves	Sarah		V35	39 F
91	01:12:55	246 Greenham	Derek	Colchester & Tendring	V40	48 M
92	01:13:04	110 Ferreira	Andre	Ware Joggers	V50	52 M
93	01:13:16	366 Marsh	Patrick	Colchester Harriers A.C.	V40	42 M
94	01:13:18	26 Farrance	Roy	Thrift Green Trotters	V60	61 M
95	01:13:20	336 Gold	Peter	Witham Running Club	V50	53 M
96	01:13:32	346 Enders	David	Witham Running Club	V40	46 M
97	01:13:40	253 Rose	Anthony	Ware Joggers	V40	48 M
98	01:13:43	45 Wray	Shelley	Witham Running Club	V35	39 F
99	01:13:44	109 Holmes	Corina	Thrift Green Trotters		28 F
100	01:13:49	62 Sutton	Carys	Thrift Green Trotters		23 F
101	01:13:49	41 Pickering	John	Ware Joggers	V50	54 M
102	01:13:53	167 Nicholls	Lynn	Ware Joggers	V35	44 F
103	01:13:55	326 Prier	Matthew	Dunmow Tri		36 M
104	01:14:08	158 Hilson	David		V40	44 M
105	01:14:11	319 Chambers	Andy	Dunmow Tri Club		37 M
106	01:14:13	103 Watt	Bob	Great Bentley Running Club	V50	55 M
107	01:14:29	222 Johnson	Peter	Fell Runners Association	V50	50 M
108	01:14:31	57 Keasley	Darren			31 M
109	01:14:31	350 Partridge	Steve			38 M
110	01:14:44	403 McCann	Mark			36 M
111	01:14:46	225 Bainbridge	Jill		V35	42 F
112	01:14:48	183 Watson	Peter John	Benfleet Running Club		27 M
113	01:14:55	55 Silverton	Ross	Witham Running Club	V50	59 M
114	01:14:57	365 Howard	Christine	Billericay Striders	V35	38 F
115	01:15:09	144 Hull	Darran	Springfield Striders		37 M
116	01:15:17	224 Page	Stephen		V40	40 M
117	01:15:21	396 Scott	David	Thrift Green Trotters	V40	47 M
118	01:15:31	231 Gaffney	Lorna	Loughton A C	V35	41 F
119	01:15:34	136 Harris	Chris	Billericay Striders		31 M
120	01:15:35	125 Lane	Rob	Colchester Harriers A.C.		31 M
121	01:15:37	265 Benfield	Philip		V40	47 M
122	01:15:43	397 Daly	John	Springfield Striders		32 M
123	01:15:51	356 Johnson	Stephen	Ware Joggers	V50	57 M
124	01:15:54	355 Davenport	Phillip	Thrift Green Trotters		39 M
125	01:15:56	51 Stuckey	Liz	Witham Running Club		34 F
126	01:15:57	221 Peck	Glyn	Harwich Runners	V60	67 M
127	01:16:00	260 Fonnereau	Julia	Bishop Stortford Running Club	V35	43 F
128	01:16:03	318 Hamon	Derren			36 M
129	01:16:11	13 Foy	Darren	Tiptree Road Runners		37 M

130	01:16:40	229 Jobling	David	Witham Running Club	V50	52 M
131	01:16:54	297 Moon	Grahame		V50	54 M
132	01:16:55	230 Murphy	John	Barnet & District A.C.		39 M
133	01:17:00	54 Hardy	John	Grange Farm & Dunmow	V60	63 M
134	01:17:05	87 Maccariello	Bettina		V35	42 F
135	01:17:07	315 Baker	Jon	Springfield Striders	V40	43 M
136	01:17:08	371 Warner	Dennis	Harwich Runners	V40	49 M
137	01:17:09	56 Chappell	Ian	Pitsea Running Club	V40	40 M
138	01:17:23	216 Gemmill	Joanna	Springfield Striders	V45	48 F
139	01:17:26	401 Bonner	George			37 M
140	01:17:27	251 Hardman	Annette	Ware Joggers		26 F
141	01:17:32	220 Thomas	Kate	Harwich Runners	V35	39 F
142	01:17:34	142 Purtell	Paula Rose	Blackwater Harriers	V35	41 F
143	01:17:41	79 Bouldstridge	Peter	Blackwater Harriers	V50	54 M
144	01:17:48	190 Hunt	Steve	Hadleigh Hares	V40	48 M
145	01:18:08	58 Manley	Nicholas	Witham Running Club	V40	47 M
146	01:18:12	262 Fraser- Hopewell	Peter	Harwich Runners	V50	54 M
147	01:18:26	261 Townsend	Ben	Sevenoaks Tri Club	V40	42 M
148	01:18:27	63 Levey	Gary	Witham Running Club	V40	43 M
149	01:18:28	313 Heal	David	Garden City Runners	V40	43 M
150	01:18:30	189 Saunders	Rob	Ware Joggers		34 M
151	01:18:35	169 Lee	Richard	Billericay Striders	V40	41 M
152	01:18:37	149 Barton	Susanne	Benfleet Running Club	V35	37 F
153	01:18:37	197 Day	Richard	Stowmarket Striders		35 M
154	01:18:40	344 Morgans	Nigel	East Essex Tri	V40	48 M
155	01:18:40	77 Birkett	Steve	Thrift Green Trotters	V50	57 M
156	01:18:41	191 Hayward	Mike	Castle Point Joggers	V40	46 M
157	01:18:51	67 Aldridge	Wendy		V45	45 F
158	01:18:53	282 Harrington	Tracy	Blackwater Harriers	V35	42 F
159	01:18:58	182 Dunne	Clare	HM Treasury	V45	47 F
160	01:18:59	181 Dunne	Derek	HM Treasury	V40	45 M
161	01:19:05	175 Carley	Kevin		V50	59 M
162	01:19:06	213 Tree	Peter	Thrift Green Trotters	V50	54 M
163	01:19:07	36 Moland	David		V40	47 M
164	01:19:08	301 Govender	Val	Springfield Striders	V40	41 M
165	01:19:10	134 Mellish	Joe			33 M
166	01:19:11	121 Nation	Richard			37 M
167	01:19:14	228 Clark	Sylvia	East Antrim Harriers	V35	43 F
168	01:19:22	152 Dunham	Leslie	Colchester Harriers A.C.	V50	57 M
169	01:19:26	410 Wright	Timothy			38 M
170	01:19:30	174 Ratcliffe	Simon			34 M
171	01:19:49	312 Farrell	Paul	Grange Farm & Dunmow	V40	45 M
172	01:19:49	328 Wilkin	Lorraine	Springfield Striders	V35	43 F
173	01:19:55	164 Scott	Steven		V40	41 M
174	01:19:57	198 Docherty	William		V50	55 M
175	01:20:18	99 Radley	Lee	Ware Joggers		38 M
176	01:20:37	369 Cardy	Paula		V35	40 F
177	01:20:40	115 Harrison	Matthew			32 M
178	01:20:51	184 Worley	Les		V40	45 M
179	01:20:56	235 Higgon	Jeff	Harwich Runners	V50	56 M
180	01:21:01	296 Wyatt	Jonathan			34 M
181	01:21:01	243 Cordwell	Julian	Harwich Runners	V50	55 M
182	01:21:12	256 Trood	Nigel		V40	43 M
183	01:21:15	46 Teer	Robert	Thurrock Nomads	V60	63 M
184	01:21:23	233 Ford	Matt			37 M
185	01:21:27	147 Burtonshaw	Jo	Benfleet Running Club	V35	39 F
186	01:21:33	363 Warwick	Gary	Pitsea Running Club	V50	57 M
187	01:21:34	128 Santana	Francisco			20 M
188	01:21:36	105 Barrett	Peter	Thrift Green Trotters		33 M
189	01:21:36	106 Day	Nina	Thrift Green Trotters		33 F
190	01:21:41	176 Gridley	David	Springfield Striders	V50	52 M
191	01:21:55	337 Jenkins	Julie	Grange Farm & Dunmow	V35	41 F
192	01:21:58	234 McCullagh	Nick	Castle Point Joggers	V50	54 M
193	01:22:10	227 Boyden	Julie	Witham Running Club	V45	46 F
194	01:22:20	179 Driscoll	Eddie		V40	41 M

195	01:22:22	264 Watsham	Jennifer	Colchester Harriers A.C.		31 F
196	01:22:24	211 Hart	Joanne	Ware Joggers		31 F
197	01:22:40	359 Baines	Tim			34 M
198	01:22:41	165 Chalkley	Rita	Witham Running Club		33 F
199	01:22:42	16 Rosbrook	Michael	Orion Running Club	V60	70 M
200	01:22:49	293 King	Simon	Grange Farm & Dunmow	V50	51 M
201	01:22:53	266 Smith	Darren	Witham Running Club	V40	42 M
202	01:22:59	124 Tonge	Paul			31 M
203	01:22:59	254 Oldfield	David		V40	46 M
204	01:22:59	360 Garnham	Lorraine	Halstead Road Runners	V45	48 F
205	01:23:02	333 Bagshaw	Michael		V50	58 M
206	01:23:05	210 Cook	Allison	Springfield Striders	V35	40 F
207	01:23:07	379 Maplebeck	Sarah	Springfield Striders		33 F
208	01:23:07	305 Bannister	Sharon	Springfield Striders	V35	38 F
209	01:23:08	145 Taylor	Barrie	Blackwater Harriers	V60	65 M
210	01:23:21	212 Naman	Colin	Ware Joggers	V50	57 M
211	01:23:23	113 Bunn	Daniel			38 M
212	01:23:24	159 Surry	Michael	Benfleet Running Club		37 M
213	01:23:26	245 Greenhalgh	Gordon			38 M
214	01:23:41	389 Sherman	Grant		V40	40 M
215	01:23:58	351 Dennis	Tony	Castle Point Joggers		37 M
216	01:24:02	398 Courtier	Michael	Greenwich Tritons		30 M
217	01:24:03	349 MacAulay	Sheila	Springfield Striders	V55	57 F
218	01:24:05	83 Pettifer	Lorna	Pitsea Running Club	V35	42 F
219	01:24:10	306 Barr	Jon		V50	52 M
220	01:24:29	303 Vance	Ruedee	Thrift Green Trotters	V35	44 F
221	01:24:44	82 Pettifer	John	Pitsea Running Club	V60	61 M
222	01:24:47	78 Short	Liz	Thrift Green Trotters	V45	54 F
223	01:24:58	135 Ingle	Sanjiv	Thrift Green Trotters	V40	41 M
224	01:25:01	267 Urbanova	Petra			23 F
225	01:25:07	276 Bright	Stephen	British Athletics Supports Club	V40	45 M
226	01:25:11	377 Gillian	Alistair	Springfield Striders	V40	41 M
227	01:25:13	148 Reddish	Morgan	Benfleet Running Club	V40	40 M
228	01:25:13	324 Spalding	Hazel	Ipswich Jaffa	V45	50 F
229	01:25:15	52 Saggars	Martin	Ware Joggers	V40	40 M
230	01:25:26	263 Nichols	Claire	Ware Joggers	V35	37 F
231	01:25:34	203 Rawlinson	Katie		V35	35 F
232	01:25:36	150 Filby	Jacqueline	Witham Running Club	V35	44 F
233	01:25:49	368 Bricks	Paul			24 M
234	01:25:50	65 Scott	Gareth	Thrift Green Trotters	V50	52 M
235	01:25:52	316 Brooks	David	Vets A C	V60	67 M
236	01:26:02	226 Bond	Mark			36 M
237	01:26:36	275 Foster	Gavin	Grange Farm & Dunmow	V40	46 M
238	01:26:39	327 Maycock	Paul		V50	50 M
239	01:26:41	171 Heaney	Tom		V40	40 M
240	01:26:53	188 Waddingham	Robert	Ware Joggers	V50	54 M
241	01:26:57	170 Saville	Graham	Harlow Running Club	V50	51 M
242	01:26:59	47 Armstrong	Ceri	Thurrock Nomads		33 F
243	01:27:18	49 Boud	Tim		V40	41 M
244	01:27:20	338 Abbott	Simon			34 M
245	01:27:28	114 Dawe	Emma			34 F
246	01:27:30	21 Barnes	Ronald		V60	61 M
247	01:27:31	39 Cammidge	Kate	Castle Point Joggers	V45	46 F
248	01:27:40	96 Callow	Vicky	Thurrock Nomads		31 F
249	01:27:41	35 Ford	Rebeca			31 F
250	01:27:54	248 Moore	Cliff		V60	64 M
252	01:28:02	68 Hammett	Apryl		V35	36 F
253	01:28:02	19 Gomer	Anne	Tiptree Road Runners	V55	68 F
254	01:28:03	172 Nichols	Terry	Ware Joggers	V60	65 M
256	01:28:04	27 Fentiman	Ross			35 M
257	01:28:06	69 Hampshire	Susan	Billericay Striders	V45	51 F
258	01:28:12	93 Broughton	Adam			38 M
259	01:28:17	393 Galloway	Tim			38 M
260	01:28:24	30 Vere	Richard	Vergo Joggers		21 M
261	01:28:28	345 Enders	Scott	Witham Running Club		20 M

262	01:28:35	207 Peacock	Julie	Blackwater Harriers	V45	49 F
263	01:28:40	372 Hunter	Dawn			34 F
264	01:28:42	341 Stevenson	Andy	Grange Farm & Dunmow	V40	46 M
265	01:28:50	117 Macmillan	Robert	Benfleet Running Club	V40	40 M
266	01:28:56	218 Marshall	Steven		V40	48 M
267	01:28:57	118 Ramsden	Anne	Ware Joggers	V55	55 F
268	01:28:59	236 Percy	Richard	Grange Farm & Dunmow	V60	61 M
269	01:28:59	64 Scott	Helen	Thrift Green Trotters	V45	52 F
270	01:29:18	347 Hill	Christopher	Halstead Road Runners	V50	51 M
271	01:29:18	23 Woolnough	Julia	Halstead Road Runners	V45	48 F
272	01:29:20	289 Nordin	Rauf		V50	59 M
273	01:29:45	357 Holmes	Lesley	Thrift Green Trotters	V45	45 F
274	01:29:47	340 Luxford	Joanne			28 F
275	01:30:10	66 Hudson	Phil	Ware Joggers	V50	52 M
276	01:30:33	140 Morgan	Lesley	Castle Point Joggers	V45	54 F
277	01:30:35	208 Withrington	Ann		V45	46 F
278	01:30:36	373 Piercy	Ann	Harwich Runners	V45	53 F
279	01:30:42	395 Reed	Annabelle	Witham Running Club	V35	39 F
280	01:30:53	88 Browne	Tony	Ware Joggers	V50	52 M
281	01:30:58	237 Crisp	Lynda	Benfleet Running Club	V55	62 F
282	01:31:10	72 Viner	Jenni	Ware Joggers	V45	53 F
283	01:31:26	151 Crowley	Barbara	Thrift Green Trotters	V55	72 F
284	01:31:27	75 Booty	Chris	Thrift Green Trotters	V40	49 M
285	01:31:44	154 Hammerson	Samantha		V35	41 F
286	01:31:44	215 King	Christine		V45	47 F
287	01:32:03	133 Da Silva	Sophie			34 F
288	01:32:18	406 Pearce	Mark		V40	40 M
289	01:32:34	354 Gollop	Paula	Ware Joggers		28 F
290	01:32:44	291 Bates	Peter	Pitsea Running Club	V50	59 M
291	01:33:01	219 Standing	Angie		V55	55 F
292	01:33:07	283 Shaw	Robert	Sudbury Joggers	V50	52 M
293	01:33:09	98 Bohmer-Laubis	Jacqueline		V45	45 F
294	01:33:23	408 Rowles	Bob	Harwich Runners	V40	49 M
295	01:33:26	361 Addy	Geoffrey	Ware Joggers	V40	41 M
296	01:33:52	42 Pickering	Nicola	Ware Joggers	V45	46 F
297	01:34:00	223 Koh	Doris		V45	52 F
298	01:34:02	90 McKeown	Clair	Witham Running Club	V35	39 F
299	01:34:04	92 Broughton	Sally			33 F
300	01:34:11	48 Blackmore	Stuart			34 M
301	01:34:11	102 Smart	Lesley	Billericay Striders	V35	40 F
302	01:34:15	89 May	Marion	Witham Running Club	V45	48 F
303	01:34:21	111 Trayler	Paul		V40	44 M
304	01:34:21	323 Richardson	Jen			31 F
305	01:34:25	308 Balaam	Toni	Benfleet Running Club	V35	37 F
306	01:34:48	299 Earl	Nicola		V35	35 F
307	01:34:56	407 Wallace	Bob		V60	66 M
308	01:35:02	321 Knowles	Sarah	Springfield Striders		29 F
309	01:35:08	200 Pidgeon	Moir	Billericay Striders	V35	38 F
310	01:35:22	119 Hore	Angela	Witham Running Club	V45	49 F
311	01:35:39	320 Knowles	Patrick Ian	Springfield Striders	V50	56 M
312	01:35:41	257 Hopegood	James	Witham Running Club	V40	44 M
313	01:35:44	259 Hopegood	Karen	Witham Running Club	V35	36 F
314	01:35:54	192 King	Nikki	Ware Joggers		30 F
315	01:35:54	168 Fox	Paul	Ware Joggers	V50	52 M
316	01:35:58	100 Burgoyne	Robert	Stock Exchange A.C.	V50	59 M
317	01:36:02	386 Denny	Mervyn		V40	47 M
318	01:36:06	273 Bishop	Alison		V35	40 F
319	01:36:07	272 Nulty	Sharon		V35	43 F
320	01:36:10	238 Crisp	John	Benfleet Running Club	V60	61 M
321	01:36:11	206 Wolton	Richard		V60	66 M
322	01:36:29	132 Caket	Deborah	Billericay Striders		31 F
323	01:36:40	290 Marks	Helen	Ware Joggers	V55	61 F
324	01:36:51	268 Patmore	Jo		V35	38 F
325	01:37:42	302 Embery	Melissa	Dagenham 88 Runners	V35	37 F
326	01:38:17	382 Heywood	Victoria			24 F

327	01:38:17	269 Denny	Jo		V35	40 F
328	01:38:20	195 Hoefling	Susan	Thrift Green Trotters	V35	43 F
329	01:38:26	240 Tournant	Felicity			16 F
330	01:38:37	247 Greenham	Sarah		V45	46 F
331	01:38:42	304 McDiarmid	Emma		V35	35 F
332	01:39:43	155 Bennett	Brian		V50	51 M
333	01:39:51	292 Bates	Linda	Pitsea Running Club	V55	61 F
334	01:39:55	391 Clark	Roger		V40	41 M
335	01:40:06	271 Goldsworthy - Ellson	Don		V40	49 M
336	01:40:09	24 Williams	Rita	Ware Joggers	V55	58 F
337	01:40:47	300 Anderson	Anna	Harwich Runners	V35	38 F
338	01:41:10	270 Denney	Amanda		V45	46 F
339	01:41:52	287 Leeding	Michelle	Witham Running Club	V45	50 F
340	01:42:40	381 Nugent	Clare			22 F
341	01:43:17	317 Potter	Malcolm	Springfield Striders	V50	57 M
342	01:43:24	15 Sommerlad	Michael	Great Bentley Running Club	V60	76 M
343	01:43:27	73 Hastings	Brian	Halstead Road Runners	V60	62 M
344	01:43:34	307 Waddingham	Margaret	Ware Joggers	V55	61 F
345	01:43:34	17 Byford	Sarah Jane	Tiptree Road Runners		22 F
346	01:44:07	37 Robertson	Sue			31 F
347	01:44:39	34 Woodyard	Paul			38 M
348	01:45:54	185 Stevenson	Tara		V35	37 F
349	01:46:58	343 Baker	Shirley	Thrift Green Trotters	V45	49 F
350	01:47:33	295 Gordon	Gina		V35	37 F
351	01:47:37	85 Hickford	Jo - Anne		V35	35 F
352	01:48:09	388 Nel	Gert		V40	40 M
353	01:48:17	286 Harrison	Gillian	Pitsea Running Club	V45	52 F
354	01:48:39	367 Clarke	Tim		V40	47 M
355	01:49:01	12 Lodge	Carol	Tiptree Road Runners		34 F
356	01:49:05	244 Rontree	David	Pitsea Running Club	V40	41 M
357	01:51:30	380 Weavers	Stuart			29 M
358	01:52:49	378 Vernon	Tony	Springfield Striders	V40	41 M
359	01:57:02	126 Jordan	Ian	Benfleet Running Club	V40	43 M
360	02:00:23	258 Bailey	Tom	Billericay Striders	V40	49 M
361	02:00:23	86 Clark	Eleanor		V35	36 F
362	02:04:08	95 Dunnico	Clive	Castle Point Joggers	V60	66 M
363	02:07:39	348 Connolly	Stephen	Castle Point Joggers	V50	54 M
364	02:07:41	141 Virgo	John	Castle Point Joggers	V60	77 M