

## Sheet1

Pos	Time	Surname	First Names	Club Name	Sex	Age Category
1	00:53:57	Bloomfield	Crispian	Billericay Stric	M	S
2	00:58:42	White	Nick	Saffron Stride	M	S
3	00:59:04	Martin	Lee	Springfield Str	M	S
4	00:59:59	Wilkinson	Keith	Chelmsford A.	M	V50
5	01:00:23	Meachen	Jason	Harwich Runn	M	S
6	01:00:40	Dobson	Paul	Springfield Str	M	V40
7	01:01:23	Green	John	Thurrock Harr	M	V40
8	01:02:11	Philcox	Stephen	Barking Road	M	V40
9	01:02:16	Anderson	Paul	Springfield Str	M	S
10	01:02:18	Dunne	Derek	HM Treasury	M	V40
11	01:02:24	Butler	David	Billericay Stric	M	V50
12	01:02:47	Hopwood	Anthony	Springfield Str	M	S
13	01:02:54	Neal	Melissa	March	F	S
14	01:03:01	Wright	David	Colchester H&	M	V50
15	01:03:11	McClelland	Paul	Harwich Runn	M	V40
16	01:03:40	Grealis	Kevin	Ravens	M	V40
17	01:03:43	Feasey	Chris		M	S
18	01:03:54	Reade	Alan	Witham Runni	M	V40
19	01:03:59	McGill	Keiron		M	S
20	01:04:09	Russell	John	Thurrock Harr	M	S
21	01:04:46	Dodge	Chris	Saffron Stride	M	V40
22	01:04:48	Purse	Chris	Springfield Str	M	V50
23	01:05:05	Cardy	Ian	Springfield Str	M	V40
24	01:05:27	Byford	Jon	Springfield Str	M	S
25	01:05:43	Rayner	Gary	Springfield Str	M	V50
26	01:06:06	Wadey	Simon	Harwich Runn	M	V40
27	01:06:09	Ozols	Nathan	Springfield Str	M	S
28	01:06:34	Kent	Glen	Chelmsford A.	M	V50
29	01:06:49	Sim	Chris		M	S
30	01:06:58	Read	Steven	Grange Farm	M	V40
31	01:07:14	Rawlings	Simon	Grange Farm	M	V40
32	01:07:40	Sheppard	Darren		M	S
33	01:07:42	Brown	Bradley	Barking Road	M	S
34	01:07:51	Cox	Anita	Grange Farm	F	V35
35	01:07:55	Pearce	Daniel	Harwich Runn	M	S
36	01:08:04	McCorquodak	Becky	Harwich Runn	F	V35
37	01:08:09	Pryke	Jason		M	S
38	01:08:13	Crawley	Scott	Great Bentley	M	S
39	01:08:24	Jarvis	Greg		M	V40
40	01:08:27	Brockbank	Nicola	Springfield Str	F	S
41	01:08:29	Ridgeon	Jason		M	V40
42	01:08:41	Clarke	Martyn		M	V40
43	01:08:53	Pearce	Chris	Springfield Str	M	V40
44	01:08:59	Smith	Terry	Harwich Runn	M	V40
45	01:09:29	Hooke	Craig	Grange Farm	M	V40
46	01:09:49	Hickey	Steven	Benfleet Runr	M	S
47	01:09:56	Donoghue	Gary	Harwich Runn	M	V40
48	01:10:10	Jephcott	Jamie	Harlow Runni	M	V40
49	01:10:17	Joslin	Gary	Springfield Str	M	V40
50	01:10:26	Wallen	Tony	Witham Runni	M	V40
51	01:10:56	Tennant	John	Harlow Runni	M	V60
52	01:10:59	Bridges	Paul	Springfield Str	M	S
53	01:11:06	Whiston	Arthur	Colchester H&	M	V50
54	01:11:10	Gould	Adam		M	S
55	01:11:16	Snowden	Christopher	Springfield Str	M	S

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56	01:11:36	O'Brien	Sean	M	S
57	01:11:53	Line	Stephen	Benfleet Runr M	V40
58	01:12:00	Hewes	Stephen	M	S
59	01:12:02	Stone	Paul	M	S
60	01:12:20	White	Rebecca	Saffron Stride F	S
61	01:12:30	Spong	Sue	Havering Jogç F	V45
62	01:12:31	Vialls	Ronald	Barking Road M	V50
63	01:12:43	Miller	David	Castle Point J M	V40
64	01:12:52	Brockington	Tim	Springfield Str M	V50
65	01:13:19	Wagstaff	Mark	M	S
66	01:13:28	Flutter	Richard	Harwich Runn M	V40
67	01:13:39	Knight	Nicholas	M	S
68	01:13:44	Stukas	Paul	Springfield Str M	V40
69	01:13:56	Lawson	Ian	Grange Farm M	V50
70	01:14:05	Miles	Lloyd	M	V40
71	01:14:18	Page	Martin	Barking Road M	V50
72	01:14:25	Covey	Steven	M	V40
73	01:14:31	Mills	Robert	Springfield Str M	S
74	01:14:39	Wallen	Brigid	Witham Runni F	V45
75	01:14:47	Gaffney	Lorna	Loughton A C F	V35
76	01:14:55	Burls	Jonathan	Harwich Runn M	V50
77	01:14:58	Bartram	Ian	Castle Point J M	V40
78	01:15:13	Presland	Vicky	Great Bentley F	V35
79	01:15:19	Earp	Anthony	M	S
80	01:15:22	Russell	James	M	V50
81	01:15:25	Greenham	Derek	M	V50
82	01:15:29	Hobson	Robert	M	V40
83	01:15:48	Thompson	Stewart	M	V40
84	01:15:48	Gordon	Anthony	Witham Runni M	S
85	01:15:54	Kent	Steven	Harwich Runn M	V40
86	01:15:58	Jones	Rob	M	S
87	01:16:06	Walker	Keith	Billericay Stric M	V60
88	01:16:15	Burrows	Gideon	M	S
89	01:16:18	King	Simon	Grange Farm M	V50
90	01:16:32	Fossberg	Sarah	Harwich Runn F	V35
91	01:16:41	Brown	Maxine	Barking Road F	V35
92	01:17:12	Hope	Stuart	M	V40
93	01:17:25	Stevens	Kevin	M	S
94	01:17:30	Jobling	Stephen	M	S
95	01:17:41	Bell	Claire	F	S
96	01:17:45	Williams	Lee	M	S
97	01:17:46	Purtell	Paula Rose	Mid Essex Ca F	V35
98	01:17:52	McDowell	Ian	M	V40
99	01:18:00	Ford	Matt	M	S
100	01:18:03	Fleming	Roy	Billericay Stric M	S
101	01:18:15	Reeves	Jules	Grange Farm F	V35
102	01:18:30	Macnish-Porte	James	Thrift Green T M	V40
103	01:18:34	Reddish	Morgan	Benfleet Runr M	V40
104	01:18:36	Peck	Glyn	Harwich Runn M	V60
105	01:18:37	Matthews	Phil	M	V40
106	01:18:41	Holeyman	Daniel	M	S
107	01:18:42	Dickman	Stewart	Springfield Str M	V40
108	01:18:44	Daly	John	Springfield Str M	S
109	01:18:50	Knott	Elspeth	Harwich Runn F	V55
110	01:18:52	Taylor	Glen	Southend A.C M	V50
111	01:18:59	King	Mark	M	V40

112	01:19:12	Jarvis	Rachel	Harwich Runn F	V45
113	01:19:15	Lodge	Martin	Road Runners M	V50
114	01:19:23	Lee	Ricky	M	V40
115	01:19:37	Wills	Stephen	M	V40
116	01:19:50	Birkett	Steve	Thrift Green T M	V50
117	01:19:51	Driscoll	Nicola	F	S
118	01:19:57	Gordon	Claire	Witham Runni F	V35
119	01:20:05	Bonser	George	M	S
120	01:20:11	Shea	Tim	Pitsea Runnin M	V40
121	01:20:29	Willey	Darren	M	S
122	01:20:39	Milton	David	Springfield Str M	V50
123	01:20:45	Shade	Gary	M	V40
124	01:20:53	Parker	Russell	Harwich Runn M	S
125	01:20:53	Kemble	Ross	Thrift Green T M	S
126	01:20:58	Short	Colin	Witham Runni M	V60
127	01:21:00	Moxon	David	Springfield Str M	V50
128	01:21:07	Gear	Iain	M	S
129	01:21:08	Jobling	David	Witham Runni M	V50
130	01:21:09	Rolerkite	Lindsay	Braintree A.C. F	V35
131	01:21:16	Perrin	Louise	Barking Road F	V35
132	01:21:23	Scott	Gareth	Thrift Green T M	V50
133	01:21:24	Birks	Kath	Grange Farm F	V35
134	01:21:35	Pardon	Janet	Billericay Stric F	V55
135	01:21:38	Cardy	Paula	Springfield Str F	V35
136	01:21:40	Bisoni	David	M	V40
137	01:21:53	Timbrell	Jodie	F	S
138	01:21:54	Green	Daniel	M	S
139	01:22:00	Barrett	John	realbuzzrunbr M	V40
140	01:22:00	Spedding	Susan	F	V35
141	01:22:02	Lee	Chris	Colchester Hæ M	V50
142	01:22:09	Denny	Chris	M	V40
143	01:22:10	Greenhalgh	Gordon	Benfleet Runr M	V40
144	01:22:24	Meadows	Terry	M	V50
145	01:22:44	Gillan	Alistair	Springfield Str M	V40
146	01:22:48	Emerson	Bruce	Mid Essex Ca M	V40
147	01:22:54	Wyndham	John Paul	M	S
148	01:23:03	Moore	Graham	Benfleet Runr M	V50
149	01:23:12	Driscoll	Edward	Braintree A.C. M	V40
150	01:23:13	Ford	Tim	Tiptree Road IM	V50
151	01:23:21	Smith	Caroline	F	V35
152	01:23:22	Maccariello	Bettina	Thurrock Harr F	V35
153	01:23:31	Brown	Ben	M	S
154	01:23:35	Mann	James	Harwich Runn M	S
155	01:23:44	McKay	Joanne	Great Bentley F	S
156	01:23:52	Pennack	Phil	M	S
157	01:23:56	Teer	Robert	M	V60
158	01:24:02	Lewis	Paul	M	V40
159	01:24:05	Lozowski	Billy	M	S
160	01:24:10	Wyatt	Jonathan	M	S
161	01:24:17	Piercy	Ann	Harwich Runn F	V55
162	01:24:24	Reeve	Glen	M	V50
163	01:24:33	Page	Janice	Harlow Runni F	V45
164	01:24:34	Wiles	David	Thrift Green T M	S
165	01:24:35	Dunne	Clare	HM Treasury F	V45
166	01:24:38	Ashton	Lauren	Springfield Str F	S
167	01:24:39	Lane	Rob	Colchester Hæ M	S

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168	01:24:54	Chaplin	Andrew	Pitsea Runnin M	S
169	01:24:56	Stroud	Terry	M	V40
170	01:25:14	MacDonald	Cheryl	Pitsea Runnin F	V45
171	01:25:18	Grenville	Mark	M	V40
172	01:25:26	Morley	Marcos	Portsmouth Jc M	V40
173	01:25:27	King	Charlotte	Grange Farm F	S
174	01:25:29	Page	David	Harlow Runnin M	V40
175	01:25:34	Matthews	Trevor	Harwich Runn M	V40
176	01:25:40	Cogdell	Caroline	Pitsea Runnin F	V55
177	01:25:51	Tyrer	Tracey	Tiptree Road I F	V35
178	01:25:59	Pettifer	John	Pitsea Runnin M	V60
179	01:26:00	Pettifer	Lorna	Pitsea Runnin F	V35
180	01:26:06	Docherty	William	Halstead Roa M	V50
181	01:26:12	Herd	Michael	M	V40
182	01:26:15	Watsham	Jennifer	Colchester Hæ F	S
183	01:26:16	Simpson	Janine	Great Bentley F	V35
184	01:26:21	Mason	Martin	Barking Road M	V60
185	01:26:35	Bannister	Sharon	Springfield Str F	V35
186	01:26:42	Tompkins	Helen	Pitsea Runnin F	V45
187	01:26:49	Lambert	Helen	Braintree A.C. F	V45
188	01:26:53	Baker	Robert	M	V40
189	01:26:59	Bransby	Claire	Harwich Runn F	V35
190	01:27:06	Shinn	Greg	M	S
191	01:27:07	Bridgeman	Katie	Leigh on Sea F	S
192	01:27:15	Harmer	Richard	Thrift Green T M	S
193	01:27:28	Thompson	Andrew	M	V40
194	01:27:31	Hempstead	Barry	Eastern Vets , M	V60
195	01:27:34	McKay	Laura	F	V45
196	01:27:36	Gridley	David	Havering Jogç M	V40
197	01:27:43	Maycock	Paul	Capel Cheeta M	V50
198	01:27:47	Perry	Nick	Grange Farm M	S
199	01:27:50	Boud	Tim	M	V40
200	01:27:51	Bradford	Tim	M	V40
201	01:27:56	Plant	Dale	M	S
202	01:27:58	MacAulay	Sheila	Springfield Str F	V55
203	01:27:59	Bisset-Smith	Jo	Grange Farm F	V35
204	01:28:03	Fontaine	Nancy	Thrift Green T F	V35
205	01:28:06	Graham	Alex	M	V50
206	01:28:13	Beech	Steve	Pitsea Runnin M	V50
207	01:28:20	Cottrell	Michael	Billericay Stric M	V60
208	01:28:21	Osborne	Nikki	F	V35
209	01:28:25	Murphy	Jane	F	V45
210	01:28:35	Drake	Michala	Orion Harriers F	V35
211	01:28:36	Kerr	John	Witham Runni M	V40
212	01:28:40	Spurgeon	Paul	Fetch Everyor M	V40
213	01:28:47	West	Martin	Harwich Runn M	V60
214	01:28:50	Acford	Neil	M	V40
215	01:28:56	Campbell	Amanda	Grange Farm F	V35
216	01:28:56	Campbell	Andrew	Grange Farm M	V40
217	01:28:59	Crowson	Paul	Harwich Runn M	V40
218	01:29:07	Maskell	Paul	Leigh on Sea M	V50
219	01:29:11	Marden	Daniel	M	V40
220	01:29:15	Godfrey	David	Billericay Stric M	V60
221	01:29:24	Plant	Greg	M	V40
222	01:29:30	Sheehan	Jody	M	S
223	01:29:31	McDiarmid	Emma	F	V35

224	01:29:38	Ingle	Sanjiv	Thrift Green T M	V40
225	01:29:41	Corby	Colin	M	V50
226	01:29:42	Hall - Fremont	Donna	Springfield Str F	V35
227	01:29:45	Reed	Annabelle	Witham Runni F	V35
228	01:29:56	Shaw	Carol	Sudbury Jogg F	V55
229	01:30:14	Nicholas	Stephen	M	V50
230	01:30:20	Adams	Stuart	Grange Farm M	V40
231	01:30:22	Marks	Stephen	M	V60
232	01:30:35	Armstrong	Ceri	F	V35
233	01:30:39	Foster	Gavin	Grange Farm M	V40
234	01:30:40	Firth	Bev	M	V40
235	01:30:45	Jones	Pam	Ilford Athletic F	V55
236	01:30:46	King	Christine	F	V45
237	01:30:48	Gomer	Anne	Tiptree Road F	V55
238	01:30:50	Shanahan	Catriona	F	S
239	01:30:52	Abrams	Yvonne	F	S
240	01:30:59	Augustus	Keith	M	V50
241	01:31:00	Kernan	Kira	Great Bentley F	V35
242	01:31:31	Rowell	Barry	Havering 90 J M	V40
243	01:31:32	Norrington	Alison	Thrift Green T F	V35
244	01:31:34	Taylor	Nicholas	M	S
245	01:31:52	Cook	Allison	Springfield Str F	V35
246	01:31:55	Rutter	Philip	Benfleet Runr M	V40
247	01:32:03	Shaw	Robert	Sudbury Jogg M	V50
248	01:32:11	Gear	Bob	Springfield Str M	V50
249	01:32:21	Reynolds	Lara	F	V35
250	01:32:22	Gregory	John	Havering 90 J M	V60
251	01:32:27	Scourfield	Kathy	Billericay Stric F	V35
252	01:32:28	Snelgrove	Barry	M	V50
253	01:32:35	Sibley	Muriel	F	S
254	01:32:40	Courtier	Robert	Barking Road M	V50
255	01:32:41	Walker	Les	Pitsea Runnin M	V40
256	01:32:49	Bates	Dan	M	S
257	01:32:51	Paxon	Angela	Harwich Runn F	V35
258	01:32:55	Murray	Chrissy	F	S
259	01:33:04	Irvine	Liz	Springfield Str F	S
260	01:33:19	Mole	Denis	Havering 90 J M	V60
261	01:33:20	Cookson	Harriet	Harwich Runn F	S
262	01:33:25	Ford	John	M	S
263	01:34:14	Marson	Roger	M	V50
264	01:34:19	Mackintosh	Stuart	Thrift Green T M	V60
265	01:34:21	Carley	Kevin	M	V60
266	01:34:33	Prowse	Lee	Grange Farm M	V40
267	01:34:39	Withrington	Ann	F	V45
268	01:34:50	Harvey	Lee	Springfield Str M	S
269	01:34:51	Hargrave	Caroline	F	S
270	01:34:57	Spencer-Perk	Dennis	Barking Road M	V50
271	01:34:59	Barrell	Philip	M	S
272	01:35:00	Heywood	Victoria	F	S
273	01:35:07	Hickford	David	M	S
274	01:35:13	Porter	Alan	Billericay Stric M	V50
275	01:35:13	Garey	Lynne	Springfield Str F	V45
276	01:35:43	Patmore	Jo	F	V35
277	01:35:49	Barnes	Becky	Witham Runni F	S
278	01:35:50	Woolnough	Julia	Halstead Roa F	V45
279	01:36:19	Hammond	Eileen	Castle Point J F	V55

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280	01:36:30	Furner	Julie		F	V45
281	01:36:34	Wright	Sue		F	V45
282	01:36:39	Harvey	Colin	Harwich Runn	M	V40
283	01:36:41	Crowley	Barbara	Thrift Green	T F	V55
284	01:36:43	Rayner	Miranda	Harwich Runn	F	V35
285	01:36:44	Mckay	John	Great Bentley	M	V60
286	01:36:50	MacDonald	Steve	Pitsea Runnin	M	V50
287	01:36:53	Bates	Peter	Pitsea Runnin	M	V60
288	01:37:08	McHugh	Laura	Leigh on Sea	F	S
289	01:37:18	Knibbs	Jean		F	V45
290	01:37:40	Reeve	Stuart		M	S
291	01:38:17	Wolton	Richard		M	V60
292	01:38:29	Groves	Vicki	Barking Road	F	V35
293	01:38:35	Shippey	Susan	Witham Runni	F	V35
294	01:38:44	Spencer	Sally	Barking Road	F	V35
295	01:38:52	Davidson	Bruce		M	V50
296	01:38:59	Denneyt	Mervyn		M	V40
297	01:39:10	Baines	Lynne		F	V35
298	01:39:12	Barker	Richard	Springfield Str	M	V50
299	01:39:25	Eshmade	Rebecca	Castle Point J	F	S
300	01:39:36	Driscoll	Caroline		F	V45
301	01:39:48	Roblin	Joanne	Tiptree Road	F	V35
302	01:39:49	Edwards	Stuart		M	S
303	01:39:51	Waller	Stewart	Witham Runni	M	V60
304	01:39:54	Muir	Carol	Ilford Athletic	F	V35
305	01:40:07	Higgon	Jo	Harwich Runn	F	V45
306	01:40:08	Higgon	Jeff	Harwich Runn	M	V50
307	01:40:49	Cottrell	Michael	Billericay Stric	M	V60
308	01:40:50	White	Danny	Barking Road	M	S
309	01:40:51	Stone	Peter		M	S
310	01:41:10	Mowle	Richard	Harwich Runn	M	V40
311	01:41:11	Hogarth Jones	Bruce		M	V50
312	01:41:16	Hall	Louise		F	S
313	01:41:22	Ball	Michael	Barking Road	M	V60
314	01:41:34	Leeding	Michelle	Witham Runni	F	V45
315	01:42:15	Meadows	Patricia		F	V45
316	01:42:58	Pyke	Linda	Pitsea Runnin	F	V35
317	01:42:59	Barker	Gail	Springfield Str	F	V45
318	01:43:20	Dunmow	Amanda		F	V35
319	01:43:26	Warner	Leanne		F	S
320	01:43:26	Swan	Michael	Barking Road	M	V50
321	01:44:16	Harrison	Gillian	Pitsea Runnin	F	V45
322	01:44:17	Williams	Paul	Pitsea Runnin	M	V50
323	01:44:45	Potter	Robert		M	S
324	01:45:38	Fisher	Jacqueline	Pitsea Runnin	F	V35
325	01:45:41	Bentley	Stephen		M	V50
326	01:45:42	Macaulay	Emily	Ladies Runnir	F	S
327	01:45:43	Bates	Linda	Pitsea Runnin	F	V55
328	01:45:45	Macaulay	John	Springfield Str	M	V60
329	01:46:35	McGlade	Christopher		M	S
330	01:47:11	Nash	David		M	S
331	01:47:20	Noble	Jane	Witham Runni	F	V35
332	01:47:26	Plant	Ryan		M	S
333	01:47:28	Walkingshaw	Grahame	H.E.L.P	M	V40
334	01:47:50	Warner	Jonathan		M	V50
335	01:47:57	Davidson	Mary		F	V55

336	01:48:32	Clark	Lynn	Thrift Green T F	V45
337	01:49:54	Robertson	Vicky	Harwich Runn F	S
338	01:50:22	Calver	Michelle	F	S
339	01:50:23	Moffat	Vanessa	F	V35
340	01:50:46	Ford	Lisa	Harwich Runn F	S
341	01:51:07	Papworth	Louise	Harwich Runn F	V35
342	01:51:10	Jordan	Ian	Benfleet Runr M	V40
343	01:51:10	Dale	Sarah	F	S
344	01:51:28	Williams	Lynne	Witham Runni F	V45
345	01:51:54	Sommerlad	Michael	Great Bentley M	V60
346	01:52:39	Wilks	Michael	M	V60
347	01:53:37	Gordon	Gina	F	V35
348	01:54:19	Clark	Gemma	Barking Road F	V35
349	01:57:26	Berry	Karen	Benfleet Runr F	V35
350	01:57:49	Davidson	Emily	F	V35
351	01:57:50	Wilding	Paul	Royston Runr M	V40
352	01:59:27	Page	Rita	Great Bentley F	V55
353	01:59:36	Wesson	Sarah	F	S
354	01:59:36	Morris	Teresa	Mid Essex Ca F	V35
355	01:59:36	Keith	Lisa	F	V35
356	02:00:03	Nel	Stacy	F	V35
357	02:00:04	Nel	Gert	M	V40
358	02:02:01	Richards	Melissa	F	S
359	02:02:03	Richards	Clive	M	V50
360	02:04:42	Degiorgio	James	M	S
361	02:10:27	Brinkley	Anji	F	S
362	02:11:53	Burton	Glen	Pitsea Runnin M	V40
		Thompson	Andrew Jame	Havering 90 J M	S
		Cox	David	M	V40
		Spencer	David	Grange Farm M	V40
		Cottee	Ian	Harwich Runn M	S
		Holmes	Corina	Thrift Green T F	S
		Newell	Kevin	Ilford Athletic M	S
		Cattermole	Debbie	Colchester H& F	V45
		Barton	Susanne	Benfleet Runr F	V35
		Warner	Denise	Castle Point J F	V45
		Burgoyne	Robert	M	V60
		Chalkley	Rita	Witham Runni F	V35
		Ward	Paul	Barking Road M	S
		Westcott	Lucy	Springfield Str F	S
		Stapleton	Danny	M	V40
		Leek	Shawn	Great Bentley M	S
		Cooke	John	Colchester H& M	V40
		Finan	Richard	M	S
		Barnard	Thomas	Harlow Runni M	S
		Pitman	Rebecca	Springfield Str F	V45
		Collins	Peri	Halstead Roa F	V35
		Kerrison	Paul	Harwich Runn M	V40
		McKenna	Clare	Harwich Runn F	S
		Purkiss	Mark	M	V40
		Dunnico	Clive	Castle Point J M	V60
		Homer	Laura	F	S
		Withnell	Cathy	F	V35
		Chinnery	Clive	M	S
		Reynolds	Kelly	F	S
		Young	Danielle	F	S

Sheet1

Allison	Sean	Pitsea Runnin M	V40
Edwards	Sarah	F	V35
Martin	Amanda	Witham Runni F	S
Allison	Carla	F	V35
Copland	Jane	F	S
Copland	Brian	M	V60
Tweddle	Andrew	Thrift Green T M	V40
Young	Andy	M	V40
Issa	Salim	Barking Road M	V40
Newbrook	Andrea	F	V35
Messenger	Lynn	F	V35
Tintor	Natasa	F	S
Burpitt	Simon	Grange Farm M	V40
Smith	John	Grange Farm M	V40
Smith	Hayley	F	V45
Dewen	Susan	Harlow Runni F	V45
Brady	Rob	Penny Lane S M	V50
Huxley	Zoe	F	V35
Ash	Richard	Barking Road M	V40
Webb	Joanne	F	V35
Southwood	Owen	Newmarket C M	S
Earp	Matt	Leigh on Sea M	S
Wenman	Sarah	Springfield Str F	V35
Rothero	Paula	F	V35
Shillaker	Mark	M	V40
Kaur	Surinder	F	V35
Bond	Mark	Ulting Warrior M	S
Pardon	John	Billericay Stric M	V50
Besford	Sarah	Chelmsford A. F	V35
Harding	Brian	Thrift Green T M	V60
Tattersal	Simon	M	S
Lee	Stuart	M	S
Mitchell	Steve	M	V50
Butcher	Sharon	F	V35
Smith	Sandra	Grange Farm F	V45
Laker	Joe	Tiptree Road I M	S
Rivers	Lynn	Leigh on Sea F	V45
McPhillips	Ellen	F	V45
Clow	Daniel	M	S
Free	Andy	M	S
Harper	Kevin	Witham Runni M	S